



## Zuppe - "Soups"

### Lobster Bisque 7

creamy bisque with succulent lobster, fresh tarragon, and caramelized fennel

### Tuscan White Bean 6

cannellini beans, fresh tomatoes, applewood smoked bacon, onions, basil, and a touch of garlic

## Insalate - "Salads"

|                               | Starter | Entrée |
|-------------------------------|---------|--------|
| <b>Isabella's House Salad</b> | 6       | 9      |

fresh mesclun greens, shaved reggiano parmesan, and toasted pine nuts

*choice of dressing:* Balsamic Vinaigrette,

Creamy Lemon Dijon, Tart Apple Dressing, Creamy Gorgonzola, Maple Bacon Vinaigrette, Red Wine Vinaigrette, Creamy Italian Herb

|                          |   |    |
|--------------------------|---|----|
| <b>Hearts of Romaine</b> | 7 | 10 |
|--------------------------|---|----|

capers, croutons, shaved reggiano parmesan, imported white anchovies, and Caesar dressing

|                        |   |    |
|------------------------|---|----|
| <b>Dried Fig Salad</b> | 8 | 11 |
|------------------------|---|----|

fresh mesclun greens, port-soaked figs, spiced candied walnuts, gorgonzola, and tart apple dressing

|                                |   |    |
|--------------------------------|---|----|
| <b>Chopped Asparagus Salad</b> | 8 | 11 |
|--------------------------------|---|----|

over local greens from Lynchburg Grows with feta cheese, almonds, and creamy lemon Dijon dressing

|                      |  |   |
|----------------------|--|---|
| <b>Italian Wedge</b> |  | 8 |
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crisp iceberg wedge with pancetta chips, roasted tomatoes, and creamy gorgonzola dressing

### ADD to any salad

**Grilled Chicken (4 oz.'s) - 4**

**Seared Salmon (6 oz.'s) - 9**

**Prosciutto di Parma (3 oz.'s) - 4**

**Grilled Jumbo Shrimp (16/20's) - 2 each**

|                              |  |    |
|------------------------------|--|----|
| <b>Chopped Chicken Salad</b> |  | 14 |
|------------------------------|--|----|

chopped grilled chicken over spinach with apples, gorgonzola, crumbled bacon, toasted pecans, and warm maple bacon vinaigrette

|                            |  |    |
|----------------------------|--|----|
| <b>Flank Steak Salad**</b> |  | 16 |
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### Certified Angus Beef

hydroponic bibb lettuce drizzled with creamy Italian herb dressing; roasted tomatoes, corn, crispy seasoned tobacco onions, and marinated flank steak with balsamic and tarragon reduction



## Antipasti - "Appetizers"

|                           |    |
|---------------------------|----|
| <b>Bruschetta Platter</b> | 13 |
|---------------------------|----|

savory housemade tapénades, herbed goat cheese, fresh mozzarella, crostini, grilled breads, and roasted garlic

|                            |   |
|----------------------------|---|
| <b>Fried Risotto Balls</b> | 9 |
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stuffed with fresh mozzarella and served over a bed of our signature tomato basil sauce

|                                 |    |
|---------------------------------|----|
| <b>Burrata &amp; Prosciutto</b> | 11 |
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creamy burrata cheese, prosciutto di parma, seasoned arugula and balsamic reduction; grilled bread

## Tuscan Combos

11

**your choice, your combination**

### The Italian Table

please choose two of the following salads:

Albacore Tuna Salad, Pesto Shrimp Salad

Grilled Chicken Salad, Fresh Fruit,

Greek Pasta Salad, or

Mediterranean Quinoa Salad

### Soup & Salad

select any cup of soup paired with your choice of our

House or Hearts of Romaine salad

\* substitute the Fig Salad, Asparagus Salad, or the Italian Wedge for \$1 .00

### Soup & Italian Table

select any cup of soup paired with your choice from the Italian Table

### Soup & Panini

select any cup of soup paired with half portion of our Panini sandwiches

\* the Salmon Sandwich is not available with this combination

### Salad & Panini

your choice of our House or Hearts of Romaine salad paired with a half portion of our Panini sandwiches

\* substitute the Fig Salad, Asparagus Salad or the Italian Wedge for \$1 .00

\* the Salmon Sandwich is not available with this combination

### Salad & Italian Table

your choice of our House or Hearts of Romaine salad paired with any one choice from the Italian Table

\* substitute the Fig Salad, Asparagus Salad or the Italian Wedge for \$1 .00

## La Pastasciutta

### “Tossed Pastas”

*whole wheat spaghetti or gluten free corn pasta are available upon request*

|   |           |
|---|-----------|
| <b>Mussels Linguine</b>   | <b>13</b> |
| Chilean mussels with your choice of our signature white sauce or tomato basil sauce   |           |
| <b>Isabella’s Tomato Basil Pasta</b>  | <b>11</b> |
| angel hair, linguine, penne, or whole wheat spaghetti, signature tomato basil sauce, shaved parmesan  |           |
| <b>Chicken Parmesan with Fresh Mozzarella</b>   | <b>14</b> |
| served over angel hair pasta tossed with Isabella’s signature tomato basil sauce  |           |
| <b>Lasagna Bolognese</b>  | <b>16</b> |
| layered pasta with Italian cheese and Bolognese sauce made in house with all-natural ground beef from Seven Hills Food Company of Lynchburg; tomato basil sauce |           |

## Signature Paninis & Sandwiches

*whole wheat panini bread is available per request*

*choice of: fried parmesan potatoes, fresh fruit, pasta salad, housemade potato chips, or Mediterranean quinoa salad*

|  |           |
|--|-----------|
| <b>Bella’s Chicken Panini</b>  | <b>12</b> |
| with prosciutto di parma and fresh mozzarella with garlic-reggiano aioli on a Bakery de France ciabatta roll                                       |           |
| <b>Pan Seared Salmon Sandwich**</b>  | <b>15</b> |
| on a Carter’s Specialty Breads brioche bun with fresh spinach and artichoke lemon caper aioli  |           |
| <b>Isabella’s PLT</b>  | <b>11</b> |
| crispy pancetta, bibb lettuce, red wine vinaigrette, sliced tomatoes, and garlic aioli   |           |
| <b>The Italian Capri</b>   | <b>12</b> |
| seared salami, pepperoni, pancetta, and fresh mozzarella with garlic-reggiano aioli on grilled rosemary olive oil bread                            |           |
| <b>“Drunken” Eggplant Panini</b>   | <b>11</b> |
| marinated grilled eggplant and smoked mozzarella cheese served on Bakery de France ciabatta roll; served in a bowl with our housemade “pink” sauce |           |
| <b>Grilled Chicken Salad Panini</b>  | <b>12</b> |
| asiago cheese, fresh spinach, and roasted red pepper aioli grilled on a Bakery de France ciabatta roll   |           |
| <b>Mediterranean Tuna Melt</b>   | <b>12</b> |
| Isabella’s tuna salad, caper mayonnaise, and melted provolone on grilled La Brea rosemary olive oil bread  |           |

## Pizza Al Forno

### “Brick Oven Pizzas”

*whole wheat pizza dough may be substituted with any pizza*

|  |           |
|--|-----------|
| <b>Mediterranean White Pizza</b>   | <b>13</b> |
| asparagus, capers, olives, roasted red peppers, seasoned arugula; a blend of four cheeses                  |           |
| <b>Isabella’s Artichoke Pizza</b>  | <b>13</b> |
| artichokes, roma tomatoes, basil, and extra virgin olive oil; a blend of four cheeses                      |           |
| <b>Italian Pig &amp; The Angry Bee</b>   | <b>13</b> |
| pancetta, Calabrian chilies, sundried tomatoes, roasted garlic, oregano, drizzled with chili infused honey |           |
| <b>Siciliana</b>   | <b>13</b> |
| prosciutto di parma, roasted garlic, spinach, roasted red peppers; a blend of four cheeses                 |           |
| <b>Grilled Chicken Pizza</b>   | <b>13</b> |
| pancetta, roasted garlic, caramelized onions; a blend of four cheeses                                      |           |
| <b>Italian Sausage &amp; Mushroom Pizza</b>  | <b>13</b> |
| roasted mushrooms, fresh basil; signature tomato sauce; a blend of four cheeses                            |           |
| <b>Specialty Meat Lovers</b>   | <b>15</b> |
| prosciutto di parma, pancetta, Italian sausage, pepperoni, signature tomato sauce; a blend of four cheeses |           |
| <b>“Any Two” Pizza</b>   | <b>13</b> |
| (with or without tomato sauce)<br>choose any two items from list below                                     |           |

### Additional Toppings

**MEATS** **add \$ 2**  
chicken, pancetta, pepperoni, prosciutto di parma, sausage, white anchovies

**CHEESE & VEGGIES** **add \$ 1**  
feta, fresh mozzarella, goat cheese, smoked mozzarella, artichokes, basil, black olives, kalamata olives, caramelized onions, green olives, pepperoncini, raw onions, roasted garlic, roasted mushrooms, roasted red peppers, roma tomatoes, spinach, sundried tomatoes



Lunch Spring 2019